



**FREE BROCHURE ORDER FORM**

(Postage and handling cost only)

Health Service: \_\_\_\_\_

Contact Name: \_\_\_\_\_

**The Short Wind series is currently under review. Existing stock can be ordered until these run out. Please email any feedback on the Short Wind resources to: [asos@asthmaaustralia.org.au](mailto:asos@asthmaaustralia.org.au).**

RESOURCE TYPE	DESCRIPTION	QUANTITY
<i>Short wind</i> Asthma action plan	Indigenous specific asthma action plan	
<i>Short wind</i> A5 Booklets	Indicate quantity of each: — Asthma Medicines — How to take asthma medicines — How to use puffers and spacers	
<i>Asthma Australia</i> Basic Facts	Simple facts and description of asthma. Key points for living well with asthma	
<i>Asthma Australia</i> Under 5s	Simple brochure highlighting the key points for dealing with a child under 5 with asthma, including useful tips	
<i>Asthma Australia</i> Seniors	A brochure specifically for older Australians, highlighting important considerations, including recommended vaccinations.	
<i>Asthma Australia</i> Live well with asthma checklist	A simple checklist for living well with asthma	
<i>Asthma Australia</i> 10 Things to ask/tell your doctor	Popular resource with key things to discuss with doctor/health care provider regarding symptoms, medication, asthma plans and triggers.	

**OFFICE USE ONLY**

Postage and handling \$ \_\_\_\_\_

TOTAL COST \$ \_\_\_\_\_

**Please email to [asos@asthmaaustralia.org.au](mailto:asos@asthmaaustralia.org.au) or fax to (08) 8238 9303**

Contact your local Asthma Foundation on 1800 645 130 for asthma information, resources and support