



Good game.

**Blood pumping. Head pounding.
Sweat dripping. Changeroom.**

Ssssssspraaaaaaaay.

Deep breath.

**Chest tightening. Panic. Airways constricting.
Can't breathe. Oxygen dropping...**

Game over.

**Your hair or
deodorant spray
could trigger an
asthma attack.**

**Put the
spray away,
so we can
all breathe
easier.**



asthmaaustralia.org.au



**Asthma
Australia**