

# Connecting Asthma Care



**Asthma**  
Australia

## Brisbane Symposium Program

20 October 2016, Royal Brisbane and Women's Hospital Education Centre

8.30	Registration commences
9.00	Welcome and introduction - Mark Brooke, CEO, Asthma Australia
9.15	Juliet Foster <i>'Presenting Living with Severe Asthma Study'</i>
<b>10:15 - 10:45</b>	<b>Morning Tea</b>
10:45	Dr Peter Anderson <i>'Enhanced emergency discharge procedure for asthma'</i>
11:45	Professor Peter Sly <i>'New research and future treatments for infants and children in asthma'</i>
<b>12:30 - 1:30</b>	<b>Lunch</b>
1:30	Associate Professor Vicki Clifton <i>'Managing pregnant women with asthma'</i>
2:15	Dr Scott Burgess <i>'Asthma medication adherence and young people'</i>
<b>3:00 - 3:30</b>	<b>Afternoon Tea</b>
3:30	Professor Ian Yang <i>'The asthma and COPD overlap'</i>
4:00	Summary, Evaluation, and Close

## Thank you

Asthma Australia would like to thank its partners and sponsors for their generous support which has enabled them to bring this symposia series to you.

Proudly brought to you by



Event Sponsors



## Speakers

### **Dr Juliet Foster**

Dr Juliet Foster is a Research Psychologist with a special interest in the patient's perspective on chronic disease and self-management. Her research interests include the disease beliefs, treatment attitudes and lived experience of people with asthma, COPD and cystic fibrosis. Juliet also has publications on medication adherence, on treatment side effects, health professional management of asthma and health professional patient communication. Dr Foster is an experienced crisis counsellor and a training specialist in health communication skills for facilitating disease self-management.

### **Professor Peter Sly**

Professor Peter Sly is the Director, Children's Health and Environment Program and Director, WHO Collaborating Centre for Children's Health and Environment. Professor Sly is a NHMRC Senior Principal Research Fellow and a paediatric respiratory physician with extensive research experience in respiratory physiology, developmental immunology and children's environmental health.

Professor Sly's research aims to understand the mechanisms underlying chronic childhood lung diseases in order to improve clinical management and to delay or prevent their onset, with consequent reductions in adult lung diseases. A combination of basic science, longitudinal cohort studies and translation of research findings into clinical practice, including clinical trials, are included in three main areas: asthma, cystic fibrosis and children's environmental health.

### **Professor Vicki Clifton**

Professor Vicki Clifton is a National Health and Medical Research Council Senior Research Fellow who is currently a Professorial Research Fellow with the Mothers and Babies Theme at Mater Medical Research Institute leading the Pregnancy and Development team.

Her current research focusses on the impact of maternal asthma and other health complications during pregnancy on placental function, fetal growth and childhood development. She has a specific interest in the sex specific differences in the fetal-placental response to a complication of pregnancy understanding the different strategies male and female fetuses institute to cope with an adverse event in pregnancy and how this ensures their survival in early life

### **Dr Scott Burgess**

Dr Burgess is an experienced pediatrician specialising in problems affecting the lungs, breathing and sleep in children from birth to adulthood. Dr Burgess has extensive experience in managing children with asthma, coughing, chest infections, snoring, obstructive sleep apnoea and difficulty sleeping.

His clinical and research interests have been focused on practical strategies to improve asthma control in children and teenagers. He has completed a number of research trials exploring the reasons for poor asthma control in children and how this might be improved. He enjoys working with families, asthma educators, psychologists and scientists to come up with novel strategies that can be combined with the aim of improving asthma control and quality of life.

Dr Burgess is a compassionate doctor who enjoys caring for children and their families and was awarded an Asthma Australia Research Grant in 2011 to study adherence in teenagers.

### **Assoc Prof Ian Yang**

Professor Ian Yang is a Thoracic Physician and Director of Thoracic Medicine at The Prince Charles Hospital, and Head of the Northside Clinical School, School of Medicine, The University of Queensland, Brisbane, Australia.

His clinical work is in the field of thoracic medicine, and his research team is studying gene-environmental interaction in COPD, asthma, lung cancer and air pollution. He is involved in the training of higher degree students in translational research into lung diseases.

He is a Chair of the National COPD Committee of the Lung Foundation Australia, and a member of the COPD Guidelines Committee. He is Chair of the Medical Advisory Committee of the Asthma Foundation of Queensland.