

Connecting Asthma Care



Asthma
Australia

Hobart Symposium Program

26 October 2016, The Old Woolstore Apartment Hotel

9:00	Welcome
9.15	Keynote Speaker Dr Juliet Foster <i>'Living with severe asthma study'</i>
10:15	Morning Tea
10:45	Presentation 1 Professor Haydn Walters <i>'Tasmanian Longitudinal Health Study'</i>
11:45	Presentation 2 Dr Katherine Nicholls <i>'Allergic Respiratory Disease - asthma and rhinitis'</i>
12:30	Lunch
1:30	Presentation 3 Dr Fay Johnston <i>'AirRater app – helping Tasmanians with asthma, hay fever and other lung conditions to better manage their symptoms and improve their quality of life'</i>
2:15	Presentation 4 Dr Bonnie Bereznicki <i>'Factors associated with overestimation of asthma control'</i>
3:00	Afternoon Tea
3:20	Presentation 5 Dr Nick Cooling <i>'Asthma and Allergy from a paediatric perspective'</i>
4:10	Close

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Our Speakers

Dr Juliet Foster

Dr Juliet Foster is a Research Psychologist with a special interest in the patient's perspective on chronic disease and self-management. Her research interests include the disease beliefs, treatment attitudes and lived experience of people with asthma, COPD and cystic fibrosis. Juliet also has publications on medication adherence, on treatment side effects, health professional management of asthma and health professional-patient communication. Dr Foster is an experienced crisis counsellor and a training specialist in health communication skills for facilitating disease self-management. Juliet has been an invited speaker at a number of international conferences; she serves on the scientific and education committees of the European Society for Patient Adherence, Compliance and Persistence and is convener for the Primary Care Special Interest Group for the Thoracic Society of Australia and New Zealand (TSANZ).

Professor E. Haydn Walters

In the last 5 years Prof Walters has led a large CRE-supported research group, which in addition gained 6 NHMRC projects grants, a NHMRC-funded Cochrane Satellite, and 8 other NHMRC awards for fellowships and equipment. He and his team can claim international leadership in COPD airway patho-physiology, respiratory epidemiology, health services research and Evidence-Based Medicine (EBM), influencing understanding, research direction and clinical practice. He has always tried to fit in clinical work with research, to give credibility and relevance, and access to patients. Professor Walters has over 400 published peer-reviewed research papers and reviews; over 10,000 citations, H index of 48; 44 successful PhD/MD completions, 4 current PhD students; substantial reviewing commitments to main international respiratory journals and research bodies.

Dr Katherine Nicholls

Dr Katherine Nicholls is a Clinical Immunologist, Allergist and Immunopathologist practicing in Victoria. She undertook her undergraduate studies at the University of Tasmania, and after spending several years in the UK, she completed her specialist training in Brisbane and Melbourne. She is Deputy Head of the Department of Immunology and Allergy at the Royal Melbourne Hospital, and the Head of Immunopathology at Dorevitch Pathology. She is active in clinical research through the RMH with links with the University of Melbourne and the Walter and Elisa Hall Research Institute and is also on the examination committee for Immunopathology for the Royal College of Pathologists of Australasia.

Fay Johnston

Fay Johnston is a public health physician and environmental epidemiologist. She leads the environmental health research group at Menzies Institute of Health and is a specialist medical advisor for Public Health Services, DHHS. As a practitioner she focuses her research on applied questions relevant to policy decisions and the wider social and environmental influences on health.

Dr Bonnie Bereznicki

Dr Bonnie Bereznicki graduated from the Tasmanian School of Pharmacy in 2002. She worked as a community pharmacist in many pharmacies throughout Tasmania and Queensland, before returning to the University of Tasmania in 2007 to undertake postgraduate research degrees in pharmacy. She graduated with first class Honours in 2007, and then received an Australian Postgraduate Award to undertake her PhD, which she completed in 2011. Bonnie's PhD research focused on using a computerised solution (data mining) within community pharmacies to identify and subsequently educate people with poorly managed asthma and chronic obstructive pulmonary disease. This research was a national first, and provided impetus for a number of interventions resulting in significantly improved health outcomes for many Australians. Bonnie has developed a strong record in conducting respiratory research, and has made a significant contribution to Australian respiratory research.

Dr Nick Cooling

Dr Nick Cooling is the Director of Internationalisation and Global Health & Senior Lecturer in Medical Practice at the School of Medicine, University of Tasmania. He has worked in medical education for over 15 yrs, including as Director of Training of the GP Training Program in Tasmania for 8 yrs. His work career has included pharmacology research (metabolism of drugs by the cytochrome P450 system), clinical dietetics, general practice in both international, rural and urban settings. His research interests include allergy (especially aeroallergens and food), global health, internationalisation of the curriculum, student mobility, academic detailing, clinical reasoning, behaviour change for doctors and their patients, intercultural communication and consulting skills. He currently a part time general practitioner specialising in allergy in Hobart and full time academic at the University of Tasmania.