

Connecting Asthma Care



**Asthma
Australia**

Sydney Symposium Program

13 October 2016, Zenith Theatre. Cnr Macintosh st and Railway Pde, Chatswood

8.30	Introduction, welcome to country, and opening address	
9:15	Welcome	
9.30 - 10:30	Auditorium Professor Helen Reddel Woolcock Institute of Medical Research <i>'A Qualitative Study of the Lived Experience of Australians with Severe Asthma'</i>	
10:30 - 11:00	Morning Tea	
11:00 - 12:00	Auditorium Associate Professor Janet Rimmer St Vincent's Hospital, Specialising in Asthma, Rhinitis, Allergies and Anaphylaxis <i>'Severe asthma - an overview'</i>	
12:00 - 12:45	Lunch	
12:45 - 1:25	Auditorium Professor Phil Hansbro, Hunter Medical Research Institute <i>'Prevenar for treatment of severe asthma'</i>	Rehearsal Room Anthony Flynn, Asthma Foundation Queensland and New South Wales & Oshana Hermiz, University of New South Wales <i>'GASP: A new approach to managing asthma in Primary Health Care'</i>
1:35 - 2:15	Auditorium Professor Joerg Mattes, Hunter Medical Research Institute <i>'Using Fraction of Exhaled Nitric Oxide (FeNO) to manage asthma in pregnancy and its effects on respiratory health in early life'</i>	Rehearsal Room Associate Professor Lorraine Smith, University of Sydney <i>'The development, design and evaluation of an adolescent goal setting asthma self-management app'</i> This session will be preceded by the showing of the AFQN youth asthma video called <i>'Between Life and Breath'</i> .
2:15 - 2:45	Afternoon Tea	
2:45 - 3:25	Auditorium Dr Louisa Owens, Sydney Children's Hospital Network <i>'Asthma predictors from infancy to adulthood'</i>	Rehearsal Room Tanya Raineri, Asthma Foundation Queensland and New South Wales <i>'Enhanced emergency discharge procedure for asthma'</i>
3:35 - 4:15	Auditorium Debra Savage Allergy and Anaphylaxis Australia <i>'Emergency treatment of Anaphylaxis'</i>	Rehearsal Room Professor Stephen Jan, The George Institute for Health <i>'Factors affecting the quality use of asthma medications'</i>
4:20 - 5:00	Auditorium Associate Professor Lorraine Smith <i>'Severe asthma: towards a new consumer resource'</i>	

Our Speakers

Professor Helen Reddel

Professor Helen Reddel is a respiratory physician mainly working on primary care research and guidelines for asthma and COPD. She is a Research Leader at the Woolcock Institute of Medical Research, Chair of the Science Committee of GINA, Clinical Adviser for the Australian Centre for Airways disease Monitoring (ACAM), and a member of the Australian Asthma Handbook Guidelines Committee. Professor Reddel's current research focusses on practical strategies to improve asthma and COPD management, with particular interest in adherence and inhaler technique; collaborations with GPs, pharmacists and practice nurses; and population monitoring of asthma and COPD.

Associate Professor Janet Rimmer

Associate Professor Janet Rimmer is a respiratory physician and allergist who trained in Australia including undertaking an MD thesis entitled "Histamine releasability in asthma" at the Garvan Institute in Sydney. She has been part of the Woolcock Institute of Medical Research for 19 years involved in research projects and clinical trials related to asthma, rhinitis and allergic disease. Janet will give us an overview of severe asthma.

Professor Phil Hansbro

Professor Hansbro is chair in immunology and microbiology, and an NHMRC Principal Research Fellow at the Hunter Medical Research Institute and University of Newcastle, Australia. He is Associate Director of the Priority Research Centre for Lung Health there. The use of prevar for the treatment of severe asthma is an extension of his 2010 aiming to elucidate the immune-suppressive mechanisms of *S. pneumoniae*-based immunoregulatory therapy.

Professor Joerg Mattes

Professor Mattes' research has focused on the pathogenesis of asthma, allergies and respiratory infections. The major sequence of recent projects undertaken in this area has involved epidemiological studies (e.g. birth cohort studies on the effect of asthma during pregnancy), clinical studies and studies in mouse models of experimental asthma and rhinovirus infection. Use of FeNO to dictate treatment of asthma in pregnant women is exciting new ground in the area of precision medicine.

Associate Professor Lorraine Smith

Associate Professor Smith is a research psychologist with an interest in patient self-management of chronic conditions. Lorraine is presenting in two sessions. During the first she will be talking to us about her 'kiss my asthma' app, designed to be user-centric, age-appropriate and has optimal effectiveness for improving self-management in young people aimed at providing teenagers with asthma safety resources in the form that they recognise. Lorraine's presentation on Kiss my asthma app will be preceded by the premier showing of 'Between Life and Breath', a short film made by the Asthma Foundation QLD and NSW, about the dangers of poor peer behaviour for teenagers with asthma.

Debra Savage

Debra Savage has been a registered nurse for over 40 years, and has extensive experience in emergency, paediatric and mothercraft nursing. Debra's oldest child was diagnosed with life-threatening peanut allergy in the early 1990s, and she became one of the first members of Allergy & Anaphylaxis Australia in its original guise of FACTS. Her session on emergency treatment of anaphylaxis will be an important session to enable us all to maintain safe environments for those vulnerable to the effects of asthma and anaphylaxis.

Dr Louisa Owens

Dr Owens is a Consultant Respiratory Paediatrician at Sydney Children's Hospital with a special interest in asthma management and the epidemiology of respiratory health of children. She is also working on her PhD entitled "The impact of early life factors versus lifestyle on the respiratory health of young adults" through the University of Western Australia, for which she was awarded scholarships from both the University and the Asthma Foundation of Western Australia.

Professor Stephen Jan

Professor Jan is a Senior Health Economist, Professor in the Sydney Medical School and an Associate at the Menzies Centre for Health Policy. Stephen's areas of research interest are economic evaluation alongside clinical and public health studies, Aboriginal and Torres Strait Islander health, health systems research, the analysis of the household economic impact of chronic illness, institutionalist economics and health policy. Steve is one of the Chief Investigators of a partnership study looking at the financial, structural and cultural factors which influence quality use of asthma medicines in Australia.

Oshana Hermiz

Oshana is a research officer based at the UNSW research centre for Primary Health Care and Equity (CPHCE). His main research areas of interest are general practice and chronic disease management particularly COPD, diabetes and smoking cessation. GASP is similarly an innovative approach to chronic disease management and Oshana is coordinating the evaluation of this new program.

Tanya Raineri

Tanya is Senior Manager - Advocacy, Policy and Research with Asthma Foundation Queensland and New South Wales. Tanya is a member of the Programs and Information Services team, delivering education and support to people with asthma. Over the last couple of years, Tanya has driven the Foundation's efforts to link with hospitals and general practice to direct interventions directly to patients in need

Anthony Flynn

Anthony is the General Manager of Programs and Information Services at the Asthma Foundation Queensland and New South Wales, primarily responsible for all programs and services aimed at improving the lives of people with asthma. During his time at the Asthma Foundation, Anthony has led the development and implementation of the GASP project, the first innovative work of its kind in Australia.

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