

Adhiäma: Ye kunu gör diktordu bë nyic:

Asthma: What your doctor needs to know

A community resource in Dinka

Dëk yin në wël kök (ci ke göt në diktör ka këc ëke göt)?

Are you taking other medicines - prescribed or not prescribed?

Ye yin päppa (puffer) maṅök dac kuoth?

How often do you use a blue puffer?

Ye yin math ka ciëṅë kekë ranëmath?

Do you smoke or live with a smoker?

Dëkë yin ye ciit adhiäma yök të cæth ka kat yin?

Do you get asthma symptoms when you exercise?

Nöṅ yin tuenytueny kök (puöu, göyök, kuënyëpuöu)?

Do you have other illnesses (heart, lung, emotional)?



Ee yin päac waköu ke ɣool/boyiitiit (lbtëriit ë wum) /rööm pëem (puöu)

Are you waking up at night with cough, wheeze (whistling noise), tight chest?

Nöṅ yin këwac ke guöpdu, juënayel ka akuök (dermatitis)?

Do you have allergies, hay fever, or eczema (dermatitis)?

Dëkë adhiämadu ye yi pën ba pirdu nyic both apuoth?

Does your asthma stop you from living life well?

Ye yin wälëgël dhukyötëwëëi dac lööm?

How often are you taking your preventer inhaler?