Annual Report
2010 - 2011
Our vision
Asthma Foundation ACT makes a positive difference for people dealing with asthma and linked conditions.

Our mission
Working together to help people with asthma and linked conditions to breathe better. Asthma Foundation ACT, as a member of Asthma Australia, is committed to eliminating the impact of asthma in our community.

Our purpose
To provide asthma information and training to the ACT community, promote research and advocate on behalf of people with asthma and their carers in the ACT.

Our values
Asthma Foundation ACT is:
— Inclusive
— Accountable
— Innovative
About asthma ...

Asthma is one of Australia's most widespread chronic health problems, affecting over 2 million Australians. 1 in 10 Australians have asthma and it affects over 30,000 Canberrans.

Asthma is one of the leading causes of absenteeism from work and school and it is the main reason children visit hospital Emergency Departments. Around 400 Australians die each year of asthma and related conditions which is more than one per day. This is high by international standards.

What is asthma?

Asthma is a condition of the airways. People with asthma have sensitive airways that react to triggers that set off their asthma. The airways swell and get thick with mucus and the muscles around the airway squeeze tight. This makes it hard to breathe.

How do you recognise asthma?

People with asthma can have a range of symptoms:

- Breathlessness
- Wheezing
- Tight chest
- Persistent cough – often at night, early in the morning or during/after activity

Who gets asthma and why?

Asthma affects people of all ages. Some people get asthma when they are young; others when they are older. The causes are not fully understood, although people with asthma often have a family history of asthma, eczema and hayfever (allergic rhinitis).

There is some evidence that exposure to environmental factors such as workplace chemicals or tobacco smoke can lead to asthma.

Researchers continue to try to find out more about what causes asthma and how we might prevent it.

How do people keep safe and live well with asthma?

While we still need to find out more about what causes asthma, we do know a lot about how to live well with asthma. Most people can carry out their lives normally, by following simple asthma treatments.

Everyone’s asthma is different and can change over time: that’s why it’s important for people with asthma to see their doctor at least twice a year for an asthma check and more frequently if they have concerns.

Asthma is not well controlled and you should visit your doctor if you:

- Wake up coughing, wheezing or breathless
- Struggle to keep up with normal activity
- Use a reliever more than three times a week
- Are unsure about the way your medications can work best for you

If you need to know more contact Asthma Foundation ACT:

02 6282 4186 (office hours)
About Asthma Foundation ACT

Asthma Foundation ACT (AFACT) is a non-government, not-for-profit registered charitable organisation.

For over forty years AFACT has advised and advocated for Canberrans with asthma and linked conditions.

In 2006, AFACT seceded from the New South Wales Asthma Foundation after a fruitful 35 year partnership.

AFACT now provides a more local focus, reflecting the needs of the ACT community.

Our structure

AFACT is a proud member of Asthma Australia which is comprised of the Asthma Foundations from each State and Territory, working together on national policy, advocacy, programs and promoting research. Asthma Australia is a national non-government incorporated body with no political affiliations.

Asthma Australia leads national program development, quality assurance and advocacy; Foundations partner with local communities to implement these programs.

Our services

AFACT services are designed to meet the needs of the local community and aim to reduce the impact of asthma and other respiratory conditions on day-to-day life.

Services include; asthma first aid training, community information sessions, information at community events, festivals and health expos, asthma telephone information line and education and training for school staff, aged care staff and workplaces.

Our people

Board of Directors

President
Kevin Gill

Vice-President
Kym Holden

Public Officer
Allan Scroope

Members

Mark Giffard

Julie Long OAM

Kerrie-Anne Luscombe

Greg Sam

Julie Toma
(retired Jan 2011)

Dianne Webb
(retired May 2011)

Staff

Chief Executive Officer
Nathalie Maconachie
since April 2011

Executive Officer
Margaret Simpson
to November 2010

Administration Officer
Julie James

Project Coordinator
Claire Miller

Volunteers

Leslie Richards

Carol Flynn

Joyce van Leeuwen

Martine Parsons

Our funding

AFACT relies on public donations, fundraising and support from corporate partners to deliver community services and programs. Commonwealth and ACT Government grants provide funding for core programs.
President’s report

This last year has been a year of evaluation, decision and change at the Asthma Foundation ACT (AFACT). Last year it became apparent to me that with our limited cash reserves being halved over the accounting period it was necessary to review our operations root and branch. It was clear our income was insufficient and membership had dropped to an all-time low. While the transfer of management of our Commonwealth programs to Asthma Australia was a good thing this further constricted our financial ‘flexibility’.

The resultant review and report was approved by the AFACT Board and implemented. In essence the Board revised the key staff roles, proposed a new office structure which was to be staffed and funded as income improved. I would like to thank the Board for their support and advice during this period of change.

Executive Officer Margaret Simpson, after 8 years’ service, decided to move on to fresh challenges. AFACT thanks Margaret for her work in taking AFACT from a volunteer committee to a standalone incorporated organisation. In the interim Claire Miller did a fine job in filling the Executive Officer role while managing the move to new and improved office in the Chifley Community Health and Wellbeing Hub.

Nathalie Maconachie commenced as CEO in April 2011 and has quickly settled into the job, making major progress on a range of matters, including raising our profile in key areas of our community, setting fundraising and sponsorship plans in place and refining our administration processes, including volunteer assistance.

In short, we have undertaken all which is necessary to make our Foundation viable for the long-term and I expect our efforts will bear fruit in the coming calendar year.

I would also like to thank two key volunteers for their assistance during a difficult period of change: they are Carol Flynn (who gave valuable strategic advice as I was compiling my report and who continues to assist our CEO on a range of matters) and Leslie Richards, Director of Interaction Consulting Group who has assisted as an Executive Coach.

I would also like to acknowledge the invaluable assistance and support provided to me and AFACT by Asthma Australia CEO, Debra Kay. Debra has been delivering high quality leadership to the Asthma Australia Board and I look forward to working with Debra and new national President Terry Evans, at the national level to further cement the 8 State and Territory Foundations into a true single national organisation.

Kevin Gill
President
Asthma Foundation ACT
Asthma Foundation ACT (AFACT) has continued to deliver high quality services and programs to the community during a year of growth and exciting change. Key events for the Foundation during 2010-2011 include the move to our new office, the launch of our new branding and visual identity, co-launch of the National Asthma Friendly Workplace program at Parliament House and our 5 year anniversary as an independent organisation.

During the year AFACT has been extremely successful in providing programs for the ACT that assist people to live well with their asthma and this is evident through our program delivery and rate of growth. The demand for asthma awareness courses and workplace training has been overwhelming and new jobs were created in the organisation to meet the community’s need.

Since 2010, over 2,000 Territory school staff have taken part in asthma education programs to enable them to assist a student in an asthma emergency. This Asthma Child and Adolescent Program (ACAP), funded through Asthma Australia by the Commonwealth Government Department of Health and Ageing, has built capacity within the Foundation to take this work to the wider community.

The Community Support Program (CSP), also funded through Asthma Australia by the Commonwealth Department of Health and Ageing, continues to be a core program for the Foundation. This year information sessions were delivered to local aged care providers, multicultural groups, seniors groups and general community groups.

AFACT is proud to have the support of the ACT Chief Minister, Katy Gallagher MLA, who recently awarded project funding to the Foundation through a three year contract with the ACT Government Health Directorate. This is the first time we have received state government funding and the Chief Minister continued to show support by attending the 5 year anniversary celebration which launched the exciting new visual branding.

Asthma Foundation ACT co-launched the Asthma Friendly Workplace Program earlier this year with the national body Asthma Australia, and on 12 May Parliament House Canberra became an Asthma Friendly Workplace. Additional Commonwealth Government Departments are close to completing accreditation, with the interest in and need for the program clear throughout government, corporate and other workplaces in the ACT.

Nathalie Maconachie
Chief Executive Officer
Asthma Foundation ACT
One in ten Australians has asthma — over 2 million people

Up to 90% of people on asthma medications do not use them correctly

There is an urgent need for the work undertaken by Asthma Australia and its member Asthma Foundations to improve the safety and quality of life for all people with asthma and their carers

$606 million was spent on asthma treatment in 2004-2005. In 2007-2008 there were 37,641 hospitalisations for asthma (0.5% of all hospitalisations)

In helping people to better manage their asthma, we will also save the health system, and hence the community, precious health resources

1 Asthma Snapshot aihw.gov.au
3 Asthma Snapshot ibid
Our work in the community and special events

Asthma Foundation ACT has a wide range of information and courses to assist people to live well with their asthma, we can help people with asthma and their carers to:

— Learn about asthma and asthma first aid
— Learn about asthma symptoms, triggers and medication
— Learn about other asthma services in the ACT

Asthma Foundation ACT also raises awareness of asthma at community information sessions and events.

During 2010-2011 the Foundation delivered 18 information sessions across a wide variety of community groups, reaching nearly 200 individuals.

National Multicultural Festival 2011

Held in February each year, the annual National Multicultural Festival attracts over 20,000 visitors.

AFACT staff and Board Members held an asthma and linked conditions information stall, providing resources and information to people with asthma and their carers.

5th Anniversary Celebration

AFACT is proud to have the ACT Chief Minister, Katy Gallagher MLA, as a strong supporter and on 24 May 2011 she joined us to celebrate our 5th anniversary as an independent organisation, having seceded in 2006 from the New South Wales Asthma Foundation after a fruitful 35 year partnership.

Business and community leaders joined us at the National Press Club of Australia where the new visual branding was launched. Guests learnt about the work of the Foundation and our vision for the future and were invited to become a partner in helping Canberrans to breathe better.

Asthma Friendly Parliament House

In May 2011, AFACT co-launched the Asthma Friendly Workplace program with national body Asthma Australia and on 12 May 2011, the Department of Parliamentary Services in Parliament House became an Asthma Friendly Workplace. To become Asthma Friendly the following criteria were met:

— Staff are trained in asthma first aid
— Asthma Emergency Kits are available and include salbutamol/releiver medication and spacers
— Asthma first aid procedures are displayed
— Occupational health safety and welfare policies explicitly refer to asthma

Asthma remains one of Australia’s leading causes of absenteeism from both work and school and employers are now recognising health, economic and productivity advantages of offering an Asthma Friendly Workplace.

We are delighted to have delivered the program to Parliament House Canberra, one of Australia’s busiest workplaces and one that serves all Australians.
Asthma Foundation ACT Incorporated  
Financial Statements for the year ended 30 June 2011

ASTHMA FOUNDATION OF ACT INCORPORATED  
CERTIFICATE OF THE COMMITTEE

Your committee members submit the financial accounts of the Asthma Foundation of ACT Incorporated for the financial year ended 30 June 2011.

Committee Members

The names of committee members at the date of this report are:

Kevin Gill, President
Kym Holden, Vice President
Allan Scoope, Public Officer
Julie Long, Committee Member
Greg Sam, Committee Member
Julie Toma, Committee Member
Mark Giffard, Committee Member
Kerrie-Anne Luscombe, Committee Member

Principal Activities

The principal activities of the Association during the year is to provide public education of the nature and treatment of respiratory ailments. There has been no significant change in these activities during the year.

Operating Result

The operating surplus/(deficit) for the year ended 30 June 2011 was $19,491

Opinion

In the opinion of the members of the committee, the accompanying financial statements present fairly the financial position of the Asthma Foundation of ACT Incorporated as at 30 June 2011, and the results and cashflows of the Association for the year ended on that date in accordance with applicable Australian Accounting Standards and other mandatory professional reporting requirements.

It is also the opinion of the committee that, at this date, there are reasonable grounds to believe that the Association will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the committee and is signed for and on behalf of the committee by:

Allan Scoope

Name

Dated this 25th day of October, 2011.

ASTHMA FOUNDATION OF ACT INCORPORATED  
STATEMENT OF COMPREHENSIVE INCOME  
FOR THE YEAR ENDED 30 JUNE 2011

2010  
$  
2011  
$

INCOME

5,549  
Sponsorships

6,164

258  
Subscriptions received

250

56  
Bank Interest

291

GRANTS

22,064  
- Asthma Friendly School Program

-  
32,934  
- Community Support Program

41,457

39,920  
- ACAP

59,396

- ACT Health

40,000

- Grants forward / Grant back forward  

(10,450)

- Donations

10,040

1,516  
Sundry Receipts & Training fees

1,114

101,267  
TOTAL INCOME

148,170

EXPENDITURE

1,600  
Audit

1,300

182  
Bank & A/R Fees

157

1,676  
Conferences/Seminars & Meetings

1,015

3,219  
Depreciation

132

3,436  
Insurance

3,292

3,436  
Office space costs

3,796

4,407  
Printing, Stationery, Postage & Coping costs

5,215

1,557  
Telephone, Fax & Internet

3,583

94,559  
Wages & on costs

96,496

2,358  
Membership & Levy-AFA

2,435

1,687  
Computer Expenses

6,486

1,282  
Equipment & Furniture

1,023

36  
Sundry Expenses

1,848

255  
Travel & Mileage Expenses

1,901

115,036  
TOTAL EXPENDITURE

128,680

(14,339)  
NET SURPLUS (DEFICIT) FOR THE YEAR

16,491
**ASTHMA FOUNDATION OF ACT INCORPORATED**

**STATEMENT OF FINANCIAL POSITION**

**AS AT 30 JUNE 2011**

<table>
<thead>
<tr>
<th></th>
<th>2010</th>
<th>2011</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>CURRENT ASSETS</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cash at Bank</td>
<td>22,666</td>
<td>49,773</td>
</tr>
<tr>
<td>Sundry Debtors</td>
<td>-</td>
<td>2,028</td>
</tr>
<tr>
<td><strong>TOTAL CURRENT ASSETS</strong></td>
<td>22,666</td>
<td>51,802</td>
</tr>
<tr>
<td><strong>NON CURRENT ASSETS</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Furniture &amp; Fixture</td>
<td>-</td>
<td>965</td>
</tr>
<tr>
<td>Less: Accum Dep</td>
<td>- (18)</td>
<td></td>
</tr>
<tr>
<td>Plant &amp; Equipment</td>
<td>-</td>
<td>8,331</td>
</tr>
<tr>
<td>Less: Accum Dep</td>
<td>- (115)</td>
<td></td>
</tr>
<tr>
<td><strong>TOTAL ASSETS</strong></td>
<td>22,666</td>
<td>60,966</td>
</tr>
<tr>
<td><strong>LIABILITIES</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sundry Creditors</td>
<td>15</td>
<td>2,256</td>
</tr>
<tr>
<td>ATO - BAS/GST</td>
<td>3,372</td>
<td>1,312</td>
</tr>
<tr>
<td>Superannuation/ PAYG Owing</td>
<td>770</td>
<td>2,757</td>
</tr>
<tr>
<td>Unexpended Grants</td>
<td>-</td>
<td>10,450</td>
</tr>
<tr>
<td>Leave Provisions</td>
<td>-</td>
<td>5,171</td>
</tr>
<tr>
<td><strong>TOTAL LIABILITIES</strong></td>
<td>4,157</td>
<td>22,847</td>
</tr>
<tr>
<td><strong>NET ASSETS</strong></td>
<td>18,529</td>
<td>38,019</td>
</tr>
</tbody>
</table>

**Represented By**

**Member's Funds**

<table>
<thead>
<tr>
<th></th>
<th>2010</th>
<th>2011</th>
</tr>
</thead>
<tbody>
<tr>
<td>Funds at Start of Year</td>
<td>32,868</td>
<td>18,529</td>
</tr>
<tr>
<td>Surplus (Deficit) for the Year</td>
<td>(14,339)</td>
<td>10,491</td>
</tr>
<tr>
<td><strong>BALANCE OF FUNDS AT END OF YEAR</strong></td>
<td>18,529</td>
<td>38,019</td>
</tr>
</tbody>
</table>

**NOTE 1: Statement of Significant Accounting Policies**

The financial report is a general purpose financial report which has been prepared in accordance with Australian Accounting Standards, Australian Accounting Interpretations and the Associations Incorporations Act (ACT) 1991.

The financial report covers Asthma Foundation of ACT Incorporated as an individual entity. The Association as an association incorporated in the ACT under Association Incorporation Act 1991.

The following is a summary of the material accounting policies adopted by the economic entity in the preparation of the financial report. The accounting policies have been consistently applied, unless otherwise stated.

**Accounting Policies**

a. **Income tax**

No provision has been made for income tax as the Association is exempt from taxation under Section 50-5 of the Income Tax Assessment Act 1997.

b. **Cash and Cash Equivalents**

Cash and cash equivalents includes cash on hand, deposits held at call with banks, other short-term highly liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities on the balance sheet.

Cash flows are included in the statement of cash flows on a gross basis. The GST component of cash flows arising from investing and financing activities which is recoverable from, or payable to, the taxation authority is classified as operating cash flows.

c. **Revenue**

Government Grants / Membership Fees

Government grants and Membership Fees are recognised as income on a systematic and rational basis over the periods necessary to match them with the related costs.

**Donations**

Donations revenues are recognised when they are received.
d. Goods and Services Tax (GST)

Revenue, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not receivable from the Australian Tax Office. In these circumstances the GST is recognised as part of the cost of acquisition of the asset or as part of an item of the expense. Receivables and payables in the balance sheet are shown inclusive of GST.

HOUSTON & HANNA
CHAIRTEERED ACCOUNTANT

K D Hanna FCA (Principal)

Telephone: (02) 6249 8515
(02) 6249 8175

Facsimile: (02) 6249 6792

INDEPENDENT AUDIT REPORT TO THE MEMBERS OF THE
ASTHMA FOUNDATION OF ACT INCORPORATED
FOR THE YEAR ENDED 30 JUNE 2011

Scope,
I have audited the attached financial statements of the Asthma Foundation Of ACT Incorporated (The Association) for the year ended 30 June 2011. The Committee is responsible for the preparation and presentation of the financial statements and the information they contain. I have conducted an independent audit of these financial statements in order to express an opinion on them to the members of the Association.

My audit has been conducted in accordance with Australian Auditing Standards to provide reasonable assurance as to whether the financial statements are free of material misstatement. The procedures included examination, on a test basis, of evidence supporting the amounts and other disclosures in the financial statements, and the evaluation of accounting policies and significant accounting estimates. These procedures have been undertaken to form an opinion as to whether, in all material respects, the financial statements are presented fairly in accordance with Australian Accounting Standards and Statutory requirements so as to present a view which is consistent with our understanding of the Association’s position and the results of its operations.

The audit opinion in this report has been formed on the above basis.

Audit Opinion
In my opinion,

(a) the financial statements of the Association are properly drawn up;

(i) so as to give a true and fair view of matters required by subsection 72(2) of the Associations Incorporation Act 1991 to be dealt with in the financial statements;
(ii) in accordance with the provisions of the Associations Incorporation Act 1991; and
(iii) in accordance with proper accounting standards, being Applicable Accounting Standards;

(b) I have obtained all the information and explanations required;
(c) proper accounting records have been kept by the Association as required by the Act; and
(d) The audit was conducted in accordance with the rules of the Association.
Thank you ...

... Asthma Foundation ACT gratefully acknowledges the support of all our sponsors, partners and those who made donations. Without this support we would not be able maintain and grow our services to the ACT community.

Program funding

Commonwealth Department of Health and Ageing

Dyson
Midea

Donations and in-kind support

Ms Julie Douglas
*in memory of Kayleigh Stamp*

Sing Australia, Queanbeyan Walking Group, EA and SL Evans, Boronia School Park Band, Doreen Collett and Eileen Poole
_*in memory of Sharon Collett_*

D’Club
*Department of Education, Employment and Workplace Relations Social Club*

Interaction Consulting
Anonymous donor
Blumers Personal Injury Lawyers
Principal Computers
National Press Club of Australia
Riteway Curtains and Blinds
Yarralumla Nursery
Carol Flynn and Associates
GUD Automotive

Sponsors and partners
Visual Branding

In 2009, all state based Foundations agreed to work together through our national body, Asthma Australia, to create a strong national voice for all Australians with asthma. This allows us to deliver clear and consistent messages and programs to all Australians, while also allowing for significant reduction in costs associated with resources and services.

As a result of nationwide unity a new suite of visual branding was designed to show our national identity. The new logo, a blue balloon, is both a metaphor for freedom and a visual analogy to healthy lung function. A balloon needs air to reach its full potential. An inflated balloon is a metaphor for fun and freedom. The bright blue of a clear sky is synonymous with clean air and asthma friendly environments — vital for people especially those with asthma.

The bright blue inflated balloon brings together in a universal message the concepts of healthy lung function, clean air and asthma friendly environments, reaching potential, fun and freedom.

This brand has been integrated into all Asthma Australia work and was formally adopted and launched for Asthma Foundation ACT at our 5 year anniversary in May 2011.
A person can survive for weeks without food, days without water, but only minutes without air.

Over 2 million Australians have asthma and many can quickly find themselves struggling to breathe. Unfortunately many people don’t recognise asthma symptoms or realise how serious asthma can be.

It’s time to take asthma seriously ...